

Keep That Garbage Disposal Working Properly

A garbage disposal is one of the most useful gadgets in your kitchen. However, you just can't put anything and everything in the disposal. Following are some important rules to live by when it comes to your garbage disposal:

If it's hard...keep it out of the disposal.

Never put bones, pits, or shells from shellfish through the disposal.

Fiber is good for your digestive system...bad for the disposal.

Certain vegetable fibers will certainly jam your disposal and can cause drain blockages.

The following should not be put through the disposal:

Banana peels, Celery, Coffee grinds, Corn cobs and husks, Onion skins, Potato skins, Beans, Rice, Celery.

Don't shove...the smaller the better.

Common sense will make a world of difference

If it's not food it doesn't belong in the disposal.

If the disposal is running...the cold water should be running also. And...keep the water running a full minute after you are sure the food waste has been eliminated. Never use hot water, this can cause your disposal to overheat.

Clean means efficient.

A dirty disposal can cause an unpleasant odor.

With the cold water running and the disposal on, toss in some ice cubes. The cubes will dislodge any debris on the edges.

Occasionally put in some citrus rinds. Be sure to cut them into very small pieces. The zest from the fruit will give off a nice odor.

